

*Hymns can be found in Common Praise, the blue book in the pews*



**SUNDAY March 19th, 2017**  
The Third Sunday in Lent

**8:30am Holy Eucharist**  
**10:30am Holy Eucharist**

Book of Alternative Services  
p. 185 (Green Book)

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Introit

**Opening Hymn 388**

*Glorious Things of Thee Are Spoken*

**The Gathering**

**The Greeting**

Celebrant        The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

**All**                **And also with you.**

**Collect for Purity**

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**Trisagion 707**

**The Collect of the Day**

Celebrant    Eternal God,

**All**                **give us insight to discern your will for us, to give up what harms us, and to seek the perfection we are promised in Jesus Christ our Lord. Amen.**

**The Liturgy of the Word**    *Please be seated*

**The First Reading**    **Exodus 17:1-7**

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

**Reader:** Hear what the Spirit is saying to God's people

**All: Thanks be to God**

Psalm 95: 1-7a

*Duke St*

1. Come, let us sing to God on high,  
The Rock of our salvation praise;  
Come with thanksgiving to God's courts,  
And sing our joyful psalms of praise.
2. You, Lord, reign over all the gods;  
The heights and depths are in your hands.  
You made the sea and it is yours;  
Your hands have molded the dry land.
3. Come, let us bow down to the One  
Before whom every knee must bend;  
We are the people in God's hand,  
The pastured flock our Shepherd tends.

**The Second Reading**    **Romans 5: 1-11**

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed,

rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

**Reader:** Hear what the Spirit is saying to God's people

**All: Thanks be to God**

**Gradual 184**

*My Song Is Love Unknown*

**Reader** The Holy Gospel of our Lord Jesus Christ according to John

**All** **Glory be to you, Lord Jesus Christ.**

**The Gospel**

**John 4:5-42**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."

**Reader** The Gospel of Christ

**All** **Praise to you, Lord Jesus Christ.**

**Sermon** **The Reverend Geoff Howson**

*Please be seated*

**Hymn 177** *A Spendthrift Lover Is The Lord*

**The Creed**

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**The Prayers of the People**

*Please take a position of prayer*

**Confession and Absolution**

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**The Liturgy of the Sacrament**

**The Peace**

Celebrant The peace of the Lord be always with you.

All **And also with you.**

**Offertory Hymn 57** *Thou, Who at Thy First Eucharist*

**Prayer over the Gifts**

Celebrant Spring of life and Source of goodness,

All **receive all we offer you this day, and bring us to the living water, Jesus Christ, your Son our Lord.  
Amen.**

**The Eucharistic Prayer (to be announced)**

Sanctus, Benedictus

*Land of Rest*

*Please take a position of comfort for the remainder of the Eucharistic prayer*

**The Lord's Prayer**

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**The Breaking of the Bread**

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**Communion**

**Music at Communion**

Agnus Dei

*Gregory Murray*

Anthem:

*God So Loved The World*

*Stainer*

**Prayer after Communion**

*please stand*

Celebrant Merciful Lord,

All **grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord. Amen.**

Celebrant Glory to God, **whose power...**

*p. 214*

**Hymn 508** *I Heard The Voice of Jesus Say*

**Benediction**

**Sung Dismissal**

*God Be With Us*

God be with you till we meet again;  
by wise counsels guide, uphold you,  
with the sheep securely fold you:  
God be with you till we meet again.

God be with you till we meet again;  
'neath bright wings protecting hide you,  
daily manna still provide you:  
God be with you till we meet again.

God be with you till we meet again;  
when life's perils thick confound you,  
put strong arms unfailing round you:

God be with you till we meet again.

God be with you till we meet again;  
keep love's banner floating o'er you,  
smite death's threat'ning wave before you:  
God be with you till we meet again.

**Postlude** *Fugue in B Minor*

*JS Bach*

*A note from Syd:* During the season of Lent I will be playing some of "heavier" organ works of J S Bach as Postludes. Bach seems to address the life's tragedies head on in these pieces, but there is a common thread: the triumph of faith over adversity. The dissonant and torturous journey ends with victory, a theme that fits the Lenten journey well.

### **Ministering Through Liturgy**

Lectors: Marilyn Sutherst, Graham Hart  
Servers: Norma Jean Laing, Kate Gregg, Helen Coldwell, Lynda Mercer  
Eucharist Ministers: Peter Savage, Geoff Matthews, Ken and Marg Gadd  
Intercessor: Marilyn Sutherst  
Celebrant: The Reverend Geoff Howson  
Preacher: The Reverend Geoff Howson  
Deacon: The Reverend Alan Wotherspoon  
Chancel: Sandy Gunn, Debbie Hofman, Norma Jean Laing  
Sidespeople: Tracy Gemmiti, Lloyd Hutchinson, Cheryl Baker, Graham Hart,

### **Our Prayers Today**

**ANGLICAN CYCLE OF PRAYER:** We pray for Mbale - Uganda

**ANGLICAN CHURCH OF CANADA:** We pray for Archbishop Percy Coffin, clergy and people of the Diocese of Western Newfoundland

**DIOCESAN CYCLE OF PRAYER:** We pray for Diocesan Council

**DEANERY CYCLE OF PRAYER:** We pray for St Thomas, Millbrook and The Rev Ruth Knapp

**PARISH CYCLE OF PRAYER:** We pray for Jean Meiklejohn, Lynda Mercer, Kirk and Bev Merrett

**PARISHIONERS IN HOSPITAL and THOSE REQUESTING PRAYER:** Karen Sadler, Peter Barrett, Lydon McEwan, Gurdon Brewster, Georgina Corbett

**FLOWERS IN THE CHURCH** today given to the Glory of God and in loving memory of: **Albert and Dorothy Watkins** from Sharon and Don Watkins; **Bill Baker** from his wife Isabel and family.

### **Announcements**

**Easter Eggs** are being made Monday to Friday 9.00am – to 12 .00. Come on over to the hall and have some fun and fellowship making Eggs for Easter.

**Senior Lunch April 5<sup>th</sup> 2017.** \$2.00 with food item and \$6.00 without. Our guest speaker is The Rev. Frank Tyrrell who will share with us the 'blanket exercise'. Please call Diana Gregg, Lynda Mercer or the church office if you wish to attend.

**One Roof Community Centre** (formerly Lighthouse) is in need of used coffee mugs. They can be dropped off at the Centre any day from noon to 7 pm or through the St. John's church office Monday through Thursday 9 - 3. Thank you.

