



One Roof Community Diner

a welcoming place to share a meal

**One Roof Community Diner – Guest Survey
Conducted May 25 to June 3, 2016**

(45 Responses – Not all respondents answered all questions
42 responses were done on paper; 3 responses were done online –
Original copies of paper responses available on request)

QUESTION ONE: What has been your favourite meal or dish at One Roof?

pasta

all

shepherd's pie

sweet potato and beef (please season well)

roast beef

roast beef dinner

apple crisp

Not sure; have not had too many

spaghetti

Shepherd's pie

roast beef

spaghetti with meat sauce

shepherd's pie and salad

shepherd's pie

all, everything

lasagna

- Fish - Caesar salad (dark greens) with home-made dressing (church ladies)

shepherd's pie

may 26 meal [chicken cacciatori with caesar salad and garlic bread]

good question

roast pork

roast beef, shepherd's pie, ice cream

mexican shepherd's pie

everything

shepherd's pie

spaghetti

scalloped potatoes and ham

caesar salad

roast beef

butter chicken

ham and potatoes

roast pork with all trimmings, roast beef with all trimmings

any of the veggie meals

ham

shepherd's pie

all of them

shepherd's pie

roast beef

spaghetti

spaghetti meat

sloppy joe

Everything

Roast of beef and mashed potatoes

ROAST BEEF DINNERS

QUESTION TWO: What has been your least favourite meal or dish at One Roof?

sloppy joes

nothing

pasta

Vegetarian pasta and sauce (I prefer protein)

sausage

shepherd's pie

curry (no meat)

sloppy joes

chicken (allergic to it)

curry

macaroni and cheese

chili

everything has been good

- unseasoned, small portions of ground beef used in dishes such as Sheppard's Pie -uninspired cole slaw

goulash in anything

shepherd's pie

chili

shepherd's pie

veg spaghetti

nothing

spaghetti, esp vegetarian

none

vegetarian

shepherd's pie

rice and veg

spaghetti

shepherd's pie

shepherd's pie

chili

i don't like the meals that only has meat

kale soup

nothing

nothing

corn bread

shepherd's pie/chili

shepherd's pie

sausage pasta

salads with mayonnaise

Nothing

Spaghetti, corn bread

PASTA AND MEAT SAUCE

QUESTION THREE: What is your overall impression of the quality of food served at One Roof?

very good
everything great
great
Seasonings are preferred
good quality
awesome
you are doing well
good, and this place helps many, we thank you
overall good (one night, brown lettuce in salad served)
good
100% happy with people and food
great
much better than I expected
good, better than open table was and also very friendly environment
8/10 Not too bad!
people that volunteer do care
very good given limited resources (donations, KFS, and a small food budget)
great. welcoming place
very good
pretty darn good
excellent
everything
great
good
good
good eating
excellent
cant' complain
good
good
good
good food
good, better than the other places
good
good
perfect
good and served hot
great
very good
great
meat is properly cooked
Good
great
GREAT

QUESTION FOUR: Do you have any dishes or meals that you'd like to see us try at One Roof?

pasta
spaghetti
shepherd's pie
Seasoned beef
fish, shrimp
lasagna
Hamburgers
fish
curry
curry beef with mild red curry
BBQ Chicken and ribs or Chinese food
lasagna
pulled pork
NA, keep surprising us
tuna casserole
- more fish & poultry - cooked, preferably fresh, veggies served as a side - roast beef - really liked the curry & encourage more ethnic dishes
bacon and rice
home made soup and bun pasta with bread thicken sauce
may 26 meal [chicken cacciatori with caesar salad and garlic bread]
hamburgers
fried chicken or turkey dinner
pork chops
more rice
meatloaf, stews
anything with meat
cabbage rolls
roast beef
steak
bbq
meat loaf
meatloaf
meat loaf and chicken legs
no, but it would be nice if there was more veggie meals
no
no
meatloaf
hamburger and fries
more chicken
lasagna with meat
Just create with the Father's help
scalloped potatoes, rice dishes, or baked potatoes

QUESTION FIVE: How often do you eat at One Roof (on average)?

| | |
|----------------------|---|
| Once per week | 2.22% (1) |
| Twice per week | 8.89% (4) |
| Three times per week | 17.78% (8) |
| Four times per week | 31.11% (14) |
| Five times per week | 33.33% (15) |
| Other | 6.67% (3) (once or twice a month; I have been three times; only been three or four times now) |

QUESTION SIX: Has eating at One Roof affected your diet or health?

Yes 47.73% (21)

No 52.27 % (23)

If so, how?

Great

It has added food groups to my life.

Yes, now I have been eating

Good yes

Improved my health and eating habits

I've gotten healthier

Different diet than I usually have, better diet & better health

eating more veggies

Its improved my diet and health.

gives me enough energy to get to tomorrow

I guess so, I'm eating

gaining weight due to the pasta (a negative thing)

when there is no veggie meals then i miss out on the meal

healthier

gaining weight (good thing)

food always perfect - losing some weight (good thing) - pants looser

healthy diet

a nutritious meal every day

wasn't eating at home, and having seizures; now that eating here, fewer seizures

not enough gluten free food

QUESTION SEVEN: Has eating at One Roof affected your budget or ability to cover living expenses?

Yes 76.74% (33)

No 23.26% (10)

If so, how?

more

put money in my pocket

I have a gym membership now!

I was able to get outside help for food

It has helped it.

Nice to have option to come her to save money for housing and other expenses

Good

Makes money go farther and opens up other options

No longer struggling to pay for meals

makes it easier

It helps by cutting down on food I have to buy

Its saved a considerable amount of money. If I estimate the cost of making supper at home at \$3 - \$4/meal (minimum), I save (at least) \$60 - \$80/month (based on 20 days per month). That makes a difference.

help tremendously

have little amount for budget for food the last few years

afford more groceries

have more money

less grocery bill

can pay some bills

more money left to do things like laundry

been able to pay other bills

it saves me cooking supper

fewer bought meals

I can afford more basic needs

QUESTION EIGHT: How far do you travel to come to One Roof?

| | |
|--|-------------|
| Less than three blocks | 25.58% (11) |
| More than three blocks but less than 10 blocks | 30.23% (13) |
| More than ten blocks | 44.19% (19) |

QUESTION NINE: How do you feel about the hours, location and facilities at One Roof?

ok

Great

Fine

later hours, location good

Awesome

works well

They are good

nice facilities, possible longer meal time

Not good

Lighthouse and friends

Excellent

excellent hours, location and facilities. better than i expected

the hours are really nice

not bad at all

hours good, location good, facilities good

- location is great for me although seating can be cramped at times - would like to see it open until at least 6 PM - not enough forks (tend to run out)

great

fair

good

perfecet

great

excellent

great

excellent

should be open longer

quality good

neat good

ok

really nice here

good

good

good

good

good

good

good

good

very great

supper is too quick

Like it

Anglican church is very wise

Just keep everything the same

great

GREAT

QUESTION TEN: What suggestions do you have about how we can improve at One Roof?

can you make pasta

Nothing

More shepherd's pie

Fruit at the beginning of meals. Thank you again. Very special experience. Thank you for all your efforts, aspects of talents expressed and volunteering.

Segregate the food to accommodate people with food allergies. Eg Shepherd's pie: potatoes 1 dish, corn 1 dish, peas 1 dish, carrots 1 dish, onions 1 dish, hamburger 1 dish. People can avoid foods that hurt them.

nothing

Keep being supported to help others

Not sure

Friends

changing to a la carte from buffet style makes things faster

nothing, its great. keep doing what your doing. very much appreciated. thanks.

None, you guys are doing great

Use more dark leafy greens and less head lettuce - prepare more fish & poultry and less ground beef - open longer hours (perhaps two servings from mid-month 'til the end of the month ('cheque day') - might want to add a question or two about social inclusion. Is this a reason guests visit the One Roof? How about the flip side? Do some guests turn one off, especially when its busy? - budget for the Lighthouse should be cut by roughly one-third. One Roof should get about two-third's Lighthouse's current budget (roughly) so that the Lighthouse and One Roof roughly operate with similar budgets. You can share this comment with the city. - Thank-you!

no lineups

i need another page

none

nothing

cold plates

talk later

eventually make it bigger

it is just fine

table service

let children and people with disabilities go first

no suggestions at this time

more veggie meals

no

table service for people with hard time moving around

no

would like to see some books to borrow. do a lot of reading

more food to take home

no

serve meals at tables

As always, Excellent Ladies !

nothing

PLEASE KEEP DOORS LOCKED WERE PEOPLE SHOULD NOT BE IN AREAS SUCH AS DOWN STAIRS NEAR FOOD AREA.